

CranioStructural Integration

CSI: Chronic Cranial Pattern Releases

2-day workshop. 16 CE hours. Prerequisites: CSF-1 & CSF-2

Investment: \$445 / early: \$395 - [Discounts](#)

CranioStructural Integration is a cranial approach to treating chronic musculoskeletal pain and dysfunction. The concepts and treatment procedures presented in CranioStructural Integration (CSI) are unique. They have been specifically designed to release two chronic cranial patterns: Right Torsion and Left Lateral Strain, which are maintaining chronic compensatory neuromusculoskeletal dysfunctions. ([See CranioSomatic Syndrome: A New Paradigm.](#)) CSI cranial techniques eliminate these two chronic patterns by releasing the soft-tissue holding elements that are limiting cranial motion and perpetuating both the cranial patterns and their related compensatory neuromusculoskeletal patterns. This objective requires new concepts and treatment procedures, which include use of a specific handhold and an adequate amount of force.

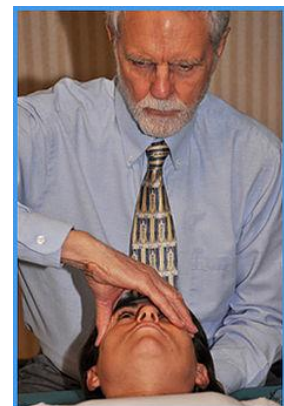
CSI techniques produce immediate and predictable improvements in neuromusculoskeletal function, which can be demonstrated by manual muscle testing, palpation, observation, and/or ROM evaluations. These improvements in muscle function and posture also result in reduction of pain and other symptoms, and can facilitate improvements in athletic performance. CSI treatment procedures produce long-term results and they generally do not need to be repeated.

[Read more about CSI Therapy](#)

The CSI workshop builds on the knowledge and skills acquired in the prerequisite workshops, and on the subsequent experience participants have developed in practical clinical application of those techniques. In addition to developing the skills to treat their own patients, all participants experience the benefits of CSI firsthand as recipients of the procedures in the workshop setting.

At the completion of the workshop participants will be able to:

- Use manual muscle testing, therapy localization, challenge, and other evaluation procedures to identify the chronic musculoskeletal compensations associated with the chronic cranial Right Torsion and Left Lateral Strain patterns.
- Apply CSI techniques to release the chronic Right Torsion and Left Lateral Strain cranial patterns.
- Confirm somatic treatment outcomes after treatment using AK procedures.
- Evaluate the somatic effects of several environmental factors (e.g., shoes, glasses) that can adversely affect musculoskeletal function and posture.
- Describe how patients can evaluate and /or modify factors in their environment to resolve or avoid adverse effects perpetuated by specific ergonomic or environmental factors.



Background:

The SB patterns presented in CSF-2 are functional patterns that are compensatory to spinal and pelvic distortions from physical activities, stress, or other factors in our environment. They may be transient and self-correct, but if they do require treatment they can typically be quickly corrected by either the cranial ROM procedures presented in CSF-2 or by the pelvic blocking procedures presented in Clinical Integration-1(our fourth workshop). On the other hand, the chronic SB Right Torsion and SB Left Lateral Strain patterns, and their compensatory neuromusculoskeletal patterns are pseudo-structural and difficult to correct; eliminating these chronic patterns requires the special concepts and treatment procedures taught in CSI.

Investment for CSI: Chronic Cranial Pattern Releases workshop is \$445.

Receive a \$50 discount if you register for any workshop 3 weeks or more in advance.

Purchase of 2 or more workshops at the same time provides an additional [discount](#).